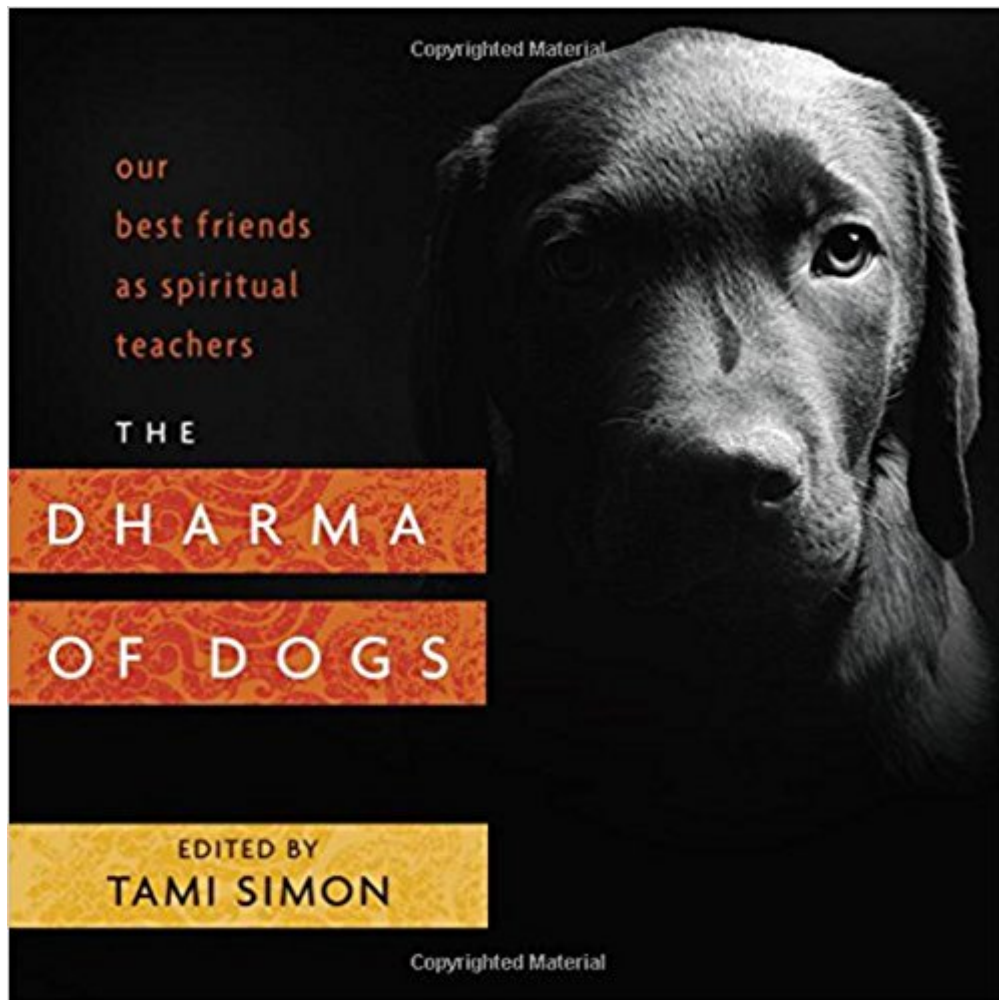




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# The Dharma Of Dogs: Our Best Friends As Spiritual Teachers



## Synopsis

We spend countless hours training our dogs, but how often do we consider what they have to teach us? “Our canine companions aren’t just our best friends,” explains Tami Simon. “Sometimes they can also be carriers of a special medicine and the wisdom lessons we most need.” The Dharma of Dogs shares the reflections of spiritual teachers and writers who have found a source of deep truth and practical wisdom beneath the furry surface of our four-legged friends. For anyone who loves dogs and who has learned and grown through this special relationship, these 31 essays offer humor, solace, inspiration, and insight into the life lessons our dogs make available to us, exploring such themes as unconditional love, connecting with nature, facing our fears, and much more. Edited by Tami Simon, The Dharma of Dogs includes contributions by Alice Walker, Eckhart Tolle, Pam Houston, Mark Nepo, Roshi Joan Halifax, Adyashanti, Julie Barton, angel Kyodo Williams, JP Sears, Lama Surya Das, Diane Musho Hamilton, Allan Lokos, Andrew Holecek, Bonnie Myotai Treace, Chris Grosso, Geneen Roth, Jeri Parker, Joan Ranquet, Lama Tsomo, Laura Pritchett, Mirabai Starr, Sarah C. Beasley, Stuart Davis, Susan Martin, Susanna Weiss, and His Eminence the 25th Tsem Rinpoche. Portion of proceeds donated to the National Mill Dog Rescue. [milledogrescue.org](http://milledogrescue.org).

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## Customer Reviews

“You will be charmed, saddened, entertained, and totally uplifted by these stories of our communing with dogs. Each has its particular flavor of Zen-dog wisdom. And each is a falling in

love. Beyond delightful, this collection is a total winner! • Tara Brach, author of *Radical Acceptance* and *True Refuge* “The stories in this fine collection are moving and engaging, and reveal the depth of emotion • the soul life of the universe • we share in common with our dog companions. The presence of these remarkable beings in our ordinary lives brings home to us again and again that our lives and theirs are actually anything but ordinary.” • Douglas Sloan, professor emeritus at Columbia University and author of *The Redemption of the Animals*

Tami Simon TAMI SIMON founded Sounds True in 1985 as a multimedia publishing house with a mission to disseminate spiritual wisdom. She hosts a popular weekly podcast called *Insights at the Edge*, where she has interviewed many of today’s leading teachers. Tami lives with her partner, Julie Kramer, and their Spoodle, Raspberry, in Boulder, Colorado.

This book is an easy read with many beautiful dog stories. I loved it and bought another copy for a friend.

Beautiful book & writings, digs deep into the heart of our connection with our very best friends. Each story was so unique, and yet I could relate to them all. I would have preferred the photos at the end of each story, since having read each one I went back to look at the pictures of dogs and owners. Seeing them afterward changed my view. But, an absolutely wonderful read!! Keep the tissues handy. Thank you!

Beautiful book. If you are not a dog person it may change your mind!

Wonderful book expressing how dogs teach us love and meaningful life lessons

Great book, so many heartfelt stories. Having an active Petsitting business of 9yrs and being a Buddhist, was perfect and relate to these writings so much. Deep Bow to the writers!!

so much to learn from our "best friends", this is an awesome book, be sure to have tissues in hand!

excellent prose

Beautiful book. Came very quickly.

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